



Santa Barbara Soccer Club Players' Academy

2016-17 Choice Program

Confirmation Letter

Please keep this letter nearby for quick reference!

Dear SBSC Choice Program Parents,

We wanted to personally thank you for registering your child for one of the SBSC Players' Academy Choice Sessions the months of September 9th to October 21st, 2016 (Session 1), October 28th to December 16th, 2016 (Session 2), February 10th to April 14th, 2017 (Session 3), or April 21st to June 2nd, 2017 (Session 4). All sessions are Friday's from 4:30-6:00pm. To ensure your child has the best experience possible, please review the following information and save this letter for your reference. If you have any questions, please don't hesitate to email us at sbscdoc@gmail.com, or call us at 805.705.4199. We look forward to seeing you on the fields!

Sincerely,

Greg

Gregory Wilson, Academy Director

General Information

Sign-in/ Sign-out

Location: TBD

Please arrive at class 15 minutes prior to the start of each session and pick-up promptly at 6:00pm. All classes must have parent/guardian checkout PRIOR to the end of each class. Please make sure that all friends and family members who may be signing out your child are listed as authorized pick-up persons in your account.

Clothing and Personal Belongings:

All children must bring a soccer BALL, wear soccer cleats, shin guards and Players' Academy

shorts, t-shirt and socks (can be purchased onsite the first two sessions at the SBSC store). We recommend children wear sunscreen when needed and bring water to every session.

What to Bring to Class (Check List):

- Must bring a ball
- Wear proper soccer cleats or closed toe sneakers and shin guards if possible.
- Wear Players' Academy shorts, T-Shirt & socks (available for approximately \$10 on-site at the SBSC Store when you arrive at first session).

Typical Session (Sample):

| | |
|---------------|-----------------------------------------------------------------------------------------|
| 4:30 – 4:45pm | Drop-off/ Check-in & Character Development Trait |
| 4:45 – 5:00pm | Speed, Agility, Quickness & Coordination Warm-up |
| 5:00 – 5:30pm | Topic of the Day, Skill Development Example: 1 v 1 Defending or Dribbling with Speed |
| 5:30 – 5:50pm | 3 v 3 or 4 v 4 Small-sided games |
| 5:55- 6:00pm | Review & Check-out |